

Rialto Unified School District

Jun 3, 2025 thru Jun 6, 2025

Base Menu Spreadsheet

Non-Congregate Lunch

Portion Values - Detailed

Page 1

Generated on: 6/3/2025 10:37:52 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 06/03/2025																
Non-Congregate Lunch	Total	70														
CHEESEBURGER MINIS-2023	70 SERVING	70	272	31	475	2.39	3.09	114.2	79	10.3	3	19.7	29.82	9.16	3.00	0.00
Carrot Nibbles Summer	3/4 Cup	140	46	0	78	3.18	0.34	37.4	18944	6.69	5	1.05	10.86	0.27	0.04	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	140	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			575	46	781	13.35	3.96	615.9	38899	125.82	46 32.1%	32.61 22.7%	88.11 61.3%	12.43 19.5%	4.60 7.2%	0.00 0.0%
Nutrient Guideline			550-650		1230										<10.00	

Wed - 06/04/2025																
Non-Congregate Lunch	Total	70														
Pizza, Pep Wedge Sicilian '24	1 EACH	70	336	38	647	3.03	1.39	449.5	406	8.62	5	18.75	34.62	13.65	6.09	0.00
Carrot Nibbles Summer	3/4 Cup	140	46	0	78	3.18	0.34	37.4	18944	6.69	5	1.05	10.86	0.27	0.04	0.00
Crisps, Apple-Strawberry '22	BAG (0.34 oz)	140	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			626	53	954	13.24	2.07	874.4	38862	22.00	43 27.7%	29.86 19.1%	89.62 57.3%	16.69 24.0%	7.66 11.0%	0.00 0.0%
Nutrient Guideline			550-650		1230										<10.00	

Thu - 06/05/2025																
Non-Congregate Lunch	Total	70														
Pocket, Fiesta Cheesy '25	1 EACH	70	300	30	590	3.00	2.70	240.0	70	0.0	5	19.0	31.0	12.0	5.00	0.00
Carrot Nibbles Summer	3/4 Cup	70	46	0	78	3.18	0.34	37.4	18944	6.69	5	1.05	10.86	0.27	0.04	0.00
Craisins	1/4 Cup	70	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			560	45	820	7.78	3.16	630.1	19528	6.75	46 33.1%	29.10 20.8%	80.95 57.8%	15.10 24.3%	6.56 10.5%	0.00 0.0%
Nutrient Guideline			550-650		1230										<10.00	

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Rialto Unified School District

Jun 3, 2025 thru Jun 6, 2025

Base Menu Spreadsheet

Non-Congregate Lunch

Portion Values - Detailed

Page 2

Generated on: 6/3/2025 10:37:52 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 06/06/2025																
Non-Congregate Lunch	Total	70														
PRETZEL DOG 2013 WG	1 EACH	70	300	35	780	5.00	5.00	132.0	55	0.0	6	20.0	41.0	6.5	2.00	0.00
Carrot Nibbles Summer	3/4 Cup	140	46	0	78	3.18	0.34	37.4	18944	6.69	5	1.05	10.86	0.27	0.04	0.00
APPLES,Fresh	1 EACH	70	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.08	0.23	0.04	0.00
MILK,1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			585	50	1088	14.66	5.85	565.1	38518	19.73	45	31.47	95.79	9.78	3.61	0.00
% of Calories											30.8%	21.5%	65.5%	15.1%	5.6%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

Weighted Average			587	49	911	12.26	3.76	671.4	33952	43.58	45	30.76	88.62	13.50	5.61	0.00
											69.5%	21.0%	60.4%	20.7%	8.6%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	587		550 - 650	100%				
Cholesterol (mg)	49							
Sodium 1 (mg)	911		1230	74%				
Sodium 1a (mg)	911		1110	82%				
Fiber (g)	12.26							
Iron (mg)	3.76							
Calcium (mg)	671.4							
Vitamin A (IU)	33952							
Sugars (g)	45	30.87%						
Vitamin C (mg)	43.58							
Protein (g)	30.76	20.98%						
Carbohydrate (g)	88.62	60.44%						
Total Fat (g)	13.50	20.72%						
Saturated Fat (g)	5.61	8.61%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Jun 9, 2025 thru Jun 13, 2025

Non-Congregate Lunch

Generated on: 6/3/2025 10:38:19 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 06/09/2025																
Non-Congregate Lunch	Total	70														
Double Dogs, Lil Kahuna	1 EACH	70	270	45	640	2.00	1.44	0.0	200	0.0	5	12.0	27.0	12.0	4.00	0.00
Carrot Nibbles Summer	3/4 Cup	140	46	0	78	3.18	0.34	37.4	18944	6.69	5	1.05	10.86	0.27	0.04	0.00
GRAPES, Fresh PKG '23	serv.(1/2 cup)	140	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			545	60	948	9.18	2.39	437.7	38681	17.06	45 32.8%	23.69 17.4%	78.51 57.7%	15.37 25.4%	5.68 9.4%	0.00 0.0%
Nutrient Guideline			550-650		1230										<10.00	

Tue - 06/10/2025																
Non-Congregate Lunch	Total	70														
Chicken Tenders, WG 2017	Serving	70	184	34	383	2.00	2.00	20.0	84	87.0	0	15.0	13.0	8.0	2.00	0.00
Carrot Nibbles Summer	3/4 Cup	140	46	0	78	3.18	0.34	37.4	18944	6.69	5	1.05	10.86	0.27	0.04	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	140	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			487	49	689	12.96	2.87	521.6	38905	202.53	43 35.1%	27.91 22.9%	71.29 58.5%	11.27 20.8%	3.60 6.7%	0.00 0.0%
Nutrient Guideline			550-650		1230										<10.00	

Wed - 06/11/2025																
Non-Congregate Lunch	Total	70														
CHEESEBURGER, W/ BUZZ'23	Burger(2 MMA, 2G)	70	331	62	547	3.00	3.24	232.5	175	0.0	*3	23.5	29.68	14.05	5.59	*0.16
Carrot Nibbles Summer	3/4 Cup	140	46	0	78	3.18	0.34	37.4	18944	6.69	5	1.05	10.86	0.27	0.04	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	140	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			621	77	853	13.21	3.92	657.4	38631	13.38	*42 *26.8%	34.60 22.3%	84.68 54.5%	17.10 24.8%	7.16 10.4%	*0.16 *0.2%
Nutrient Guideline			550-650		1230										<10.00	

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Rialto Unified School District

Jun 9, 2025 thru Jun 13, 2025

Base Menu Spreadsheet

Non-Congregate Lunch

Portion Values - Detailed

Page 2

Generated on: 6/3/2025 10:38:19 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 06/12/2025																
Non-Congregate Lunch	Total	70														
Sndwich,Trk Ham&Chz,Hawain'23	1 EACH	70	186	17	392	1.99	1.85	105.2	122	0.0	5	10.62	27.21	4.25	1.37	0.00
Carrot Nibblets Summer	3/4 Cup	140	46	0	78	3.18	0.34	37.4	18944	6.69	5	1.05	10.86	0.27	0.04	0.00
Craisins	1/4 Cup	140	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			586	32	702	11.55	2.77	535.5	38538	13.50	74	21.83	113.12	7.95	3.00	0.00
% of Calories											50.5%	14.9%	77.2%	12.2%	4.6%	0.0%
Nutrient Guideline			550-650		1230										<10.00	
Fri - 06/13/2025																
Non-Congregate Lunch	Total	70														
CHILI CHEESE DOG2018	1 EACH	70	398	53	943	3.50	2.32	263.5	350	0.0	*1	19.03	29.61	23.15	10.09	*0.00
Carrot Nibblets Summer	3/4 Cup	70	46	0	78	3.18	0.34	37.4	18944	6.69	5	1.05	10.86	0.27	0.04	0.00
APPLES,Fresh	1 EACH	70	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
MILK,1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			636	68	1172	9.99	2.83	659.2	19869	13.04	*35	29.44	73.53	26.16	11.66	*0.00
% of Calories											*21.7%	18.5%	46.2%	37.0%	16.5%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	
Weighted Average			575	57	873	11.38	2.95	562.3	34925	51.90	*47	27.50	84.22	15.57	6.22	*0.03
											*74.3%	19.1%	58.6%	24.4%	9.7%	*0.1%

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Portion Values - Detailed

Page 3

Generated on: 6/3/2025 10:38:19 AM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	575		Weekly Target	550 - 650	100%												
Cholesterol (mg)	57																
Sodium 1 (mg)	873			1230	71%												
Sodium 1a (mg)	873			1110	79%												
Fiber (g)	11.38																
Iron (mg)	2.95																
Calcium (mg)	562.3																
Vitamin A (IU)	34925																
Sugars (g)	47	33.03%				Missing											
Vitamin C (mg)	51.90																
Protein (g)	27.50	19.13%															
Carbohydrate (g)	84.22	58.59%															
Total Fat (g)	15.57	24.37%															
Saturated Fat (g)	6.22	9.73%		<10.00%													
Trans Fat ¹ (g)	0.03	0.05%				Missing											

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Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Jun 16, 2025 thru Jun 20, 2025

Non-Congregate Lunch

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 06/16/2025																
Non-Congregate Lunch	Total	70														
Taco Snack '23	1 EACH	70	319	30	629	3.00	3.59	149.7	15	0.0	3	15.97	29.95	14.97	6.99	0.00
Carrot Nibbles Summer	3/4 Cup	140	46	0	78	3.18	0.34	37.4	18944	6.69	5	1.05	10.86	0.27	0.04	0.00
GRAPES, Fresh PKG '23	serv.(1/2 cup)	140	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			594	45	937	10.17	4.54	587.5	38496	17.06	43 28.7%	27.66 18.6%	81.45 54.8%	18.34 27.8%	8.66 13.1%	0.00 0.0%
Nutrient Guideline			550-650		1230										<10.00	

Tue - 06/17/2025																
Non-Congregate Lunch	Total	70														
CHEESEBURGER MINIS-2023	SERVING	70	272	31	475	2.39	3.09	114.2	79	10.3	3	19.7	29.82	9.16	3.00	0.00
Carrot Nibbles Summer	3/4 Cup	140	46	0	78	3.18	0.34	37.4	18944	6.69	5	1.05	10.86	0.27	0.04	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	140	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			575	46	781	13.35	3.96	615.9	38899	125.82	46 32.1%	32.61 22.7%	88.11 61.3%	12.43 19.5%	4.60 7.2%	0.00 0.0%
Nutrient Guideline			550-650		1230										<10.00	

Wed - 06/18/2025																
Non-Congregate Lunch	Total	70														
Pizza, Pep Wedge Sicilian '24	1 EACH	70	336	38	647	3.03	1.39	449.5	406	8.62	5	18.75	34.62	13.65	6.09	0.00
Carrot Nibbles Summer	3/4 Cup	140	46	0	78	3.18	0.34	37.4	18944	6.69	5	1.05	10.86	0.27	0.04	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	140	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			626	53	954	13.24	2.07	874.4	38862	22.00	43 27.7%	29.86 19.1%	89.62 57.3%	16.69 24.0%	7.66 11.0%	0.00 0.0%
Nutrient Guideline			550-650		1230										<10.00	

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Page 2

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Non-Congregate Lunch

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 06/19/2025																
Non-Congregate Lunch	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			550-650		1230										<10.00	
Fri - 06/20/2025																
Non-Congregate Lunch	Total	70														
PRETZEL DOG 2013 WG	1 EACH	70	300	35	780	5.00	5.00	132.0	55	0.0	6	20.0	41.0	6.5	2.00	0.00
Carrot Nibbles Summer	3/4 Cup	140	46	0	78	3.18	0.34	37.4	18944	6.69	5	1.05	10.86	0.27	0.04	0.00
APPLES,Fresh	1 EACH	140	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
MILK,1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			657	50	1089	17.97	6.01	573.4	38593	26.08	59	31.83	114.84	10.01	3.65	0.00
% of Calories											36.2%	19.4%	70.0%	13.7%	5.0%	0.0%
Nutrient Guideline			550-650		1230										<10.00	
Weighted Average			613	49	940	13.68	4.15	662.8	38712	47.74	48	30.49	93.51	14.37	6.14	0.00
											70.4%	19.9%	61.0%	21.1%	9.0%	0.0%

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Rialto Unified School District

Jun 16, 2025 thru Jun 20, 2025

Base Menu Spreadsheet

Non-Congregate Lunch

Portion Values - Detailed

Page 3

Generated on: 6/3/2025 10:38:33 AM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	613		550 - 650		100%												
Cholesterol (mg)	49																
Sodium 1 (mg)	940			1230	76%												
Sodium 1a (mg)	940			1110	85%												
Fiber (g)	13.68																
Iron (mg)	4.15																
Calcium (mg)	662.8																
Vitamin A (IU)	38712																
Sugars (g)	48	31.28%															
Vitamin C (mg)	47.74																
Protein (g)	30.49	19.90%															
Carbohydrate (g)	93.51	61.01%															
Total Fat (g)	14.37	21.10%															
Saturated Fat (g)	6.14	9.02%															
Trans Fat ¹ (g)	0.00	0.00%															

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Jun 23, 2025 thru Jun 27, 2025

Non-Congregate Lunch

Generated on: 6/3/2025 4:33:30 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 06/23/2025																
Non-Congregate Lunch	Total	70														
Double Dogs, Lil Kahuna	1 EACH	70	270	45	640	2.00	1.44	0.0	200	0.0	5	12.0	27.0	12.0	4.00	0.00
Carrot Nibblets Summer	3/4 Cup	140	46	0	78	3.18	0.34	37.4	18944	6.69	5	1.05	10.86	0.27	0.04	0.00
GRAPES, Fresh PKG '23	serv.(1/2 cup)	140	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			545	60	948	9.18	2.39	437.7	38681	17.06	45 32.8%	23.69 17.4%	78.51 57.7%	15.37 25.4%	5.68 9.4%	0.00 0.0%
Nutrient Guideline			550-650		1230										<10.00	

Tue - 06/24/2025																
Non-Congregate Lunch	Total	70														
Chicken Tenders, WG 2017	Serving	110	184	34	383	2.00	2.00	20.0	84	87.0	0	15.0	13.0	8.0	2.00	0.00
Carrot Nibblets Summer	3/4 Cup	140	46	0	78	3.18	0.34	37.4	18944	6.69	5	1.05	10.86	0.27	0.04	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	140	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			592	68	908	14.10	4.01	533.1	38953	252.24	43 28.8%	36.48 24.6%	78.72 53.2%	15.85 24.1%	4.74 7.2%	0.00 0.0%
Nutrient Guideline			550-650		1230										<10.00	

Wed - 06/25/2025																
Non-Congregate Lunch	Total	70														
CHEESEBURGER, W/ BUZZ'23	Burger(2 MMA, 2G)	70	331	62	547	3.00	3.24	232.5	175	0.0	*3	23.5	29.68	14.05	5.59	*0.16
Carrot Nibblets Summer	3/4 Cup	140	46	0	78	3.18	0.34	37.4	18944	6.69	5	1.05	10.86	0.27	0.04	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	70	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			583	77	853	11.28	3.92	657.4	38598	13.38	*35 *23.9%	34.60 23.8%	75.04 51.5%	17.10 26.4%	7.16 11.1%	*0.16 *0.3%
Nutrient Guideline			550-650		1230										<10.00	

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Rialto Unified School District

Jun 23, 2025 thru Jun 27, 2025

Base Menu Spreadsheet

Non-Congregate Lunch

Portion Values - Detailed

Page 2

Generated on: 6/3/2025 4:33:30 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 06/26/2025																
Non-Congregate Lunch	Total	70														
Pocket, Fiesta Cheesy '25	1 EACH	70	300	30	590	3.00	2.70	240.0	70	0.0	5	19.0	31.0	12.0	5.00	0.00
Carrot Nibbles Summer	3/4 Cup	70	46	0	78	3.18	0.34	37.4	18944	6.69	5	1.05	10.86	0.27	0.04	0.00
Craisins	1/4 Cup	70	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			560	45	820	7.78	3.16	630.1	19528	6.75	46 33.1%	29.10 20.8%	80.95 57.8%	15.10 24.3%	6.56 10.5%	0.00 0.0%
Nutrient Guideline			550-650		1230										<10.00	
Fri - 06/27/2025																
Non-Congregate Lunch	Total	80														
CHILI CHEESE DOG2018	1 EACH	50	398	53	943	3.50	2.32	263.5	350	0.0	*1	19.03	29.61	23.15	10.09	*0.00
Carrot Nibbles Summer	3/4 Cup	180	46	0	78	3.18	0.34	37.4	18944	6.69	5	1.05	10.86	0.27	0.04	0.00
APPLES,Fresh	1 EACH	180	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
MILK,1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			620	46	900	16.78	2.59	573.8	43448	29.34	*57 *36.9%	22.95 14.8%	98.08 63.3%	17.80 25.8%	7.79 11.3%	*0.00 *0.0%
Nutrient Guideline			550-650		1230										<10.00	
Weighted Average			580	59	886	11.82	3.21	566.4	35841	63.75	*45 *70.1%	29.37 20.3%	82.26 56.7%	16.24 25.2%	6.38 9.9%	*0.03 *0.1%

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Rialto Unified School District

Jun 23, 2025 thru Jun 27, 2025

Base Menu Spreadsheet

Non-Congregate Lunch

Portion Values - Detailed

Page 3

Generated on: 6/3/2025 4:33:30 PM

Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	580		550 - 650	100%													
Cholesterol (mg)	59																
Sodium 1 (mg)	886		1230	72%													
Sodium 1a (mg)	886		1110	80%													
Fiber (g)	11.82																
Iron (mg)	3.21																
Calcium (mg)	566.4																
Vitamin A (IU)	35841																
Sugars (g)	45	31.14%				Missing											
Vitamin C (mg)	63.75																
Protein (g)	29.37	20.26%															
Carbohydrate (g)	82.26	56.74%															
Total Fat (g)	16.24	25.21%															
Saturated Fat (g)	6.38	9.91%	<10.00%														
Trans Fat ¹ (g)	0.03	0.05%				Missing											

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Jun 30, 2025 thru Jun 30, 2025

Non-Congregate Lunch

Generated on: 6/3/2025 4:34:47 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 06/30/2025																
Non-Congregate Lunch	Total	70														
Taco Snack '23	1 EACH	70	319	30	629	3.00	3.59	149.7	15	0.0	3	15.97	29.95	14.97	6.99	0.00
Carrot Nibbles Summer	3/4 Cup	140	46	0	78	3.18	0.34	37.4	18944	6.69	5	1.05	10.86	0.27	0.04	0.00
GRAPES, Fresh PKG '23	serv.(1/2 cup)	140	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			594	45	937	10.17	4.54	587.5	38496	17.06	43	27.66	81.45	18.34	8.66	0.00
% of Calories											28.7%	18.6%	54.8%	27.8%	13.1%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

Weighted Average			594	45	937	10.17	4.54	587.5	38496	17.06	43	27.66	81.45	18.34	8.66	0.00
											64.7%	18.6%	54.8%	27.8%	13.1%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*
Calories	594		550 - 650					
Cholesterol (mg)	45							
Sodium 1 (mg)	937		1230					
Sodium 1a (mg)	937		1110					
Fiber (g)	10.17							
Iron (mg)	4.54							
Calcium (mg)	587.5							
Vitamin A (IU)	38496							
Sugars (g)	43	28.75%						
Vitamin C (mg)	17.06							
Protein (g)	27.66	18.62%						
Carbohydrate (g)	81.45	54.84%						
Total Fat (g)	18.34	27.78%						
Saturated Fat (g)	8.66	13.13%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

*Data comparisons are not available for one or two day selections

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